

Hi All — I've really missed doing the Newsletter, probably more than anybody has missed reading it! I am hopeful that everybody has some stories to tell after a year's absence. As a reminder and to our newcomers: I welcome about anything that you submit. Don't worry about perfect spelling and grammar. I'll fix that. Thoughts from your journal, writings from meetings, text from any OA material that really moves you, your triumphs and your struggles — these are all perfect for our Newsletter. Below is the schedule for our Newsletter hosts. There are a couple of months where we have no host, but if I have anything extra from other months, I'll try to publish that month. **We would love to have participation from our North County groups in Paso Robles sand Atascadero if they would like to join in hosting those two meetings — just let me know.**



Thanks for giving me this service opportunity.

Love, Cheri

Send entries to: [cheri.frosting@gmail.com](mailto:cheri.frosting@gmail.com)

#### NEWSLETTER HOSTS — Beginning January 2019

January:	SLO Thursday noon
February:	MB 1:00 PM Saturday
March:	<b>No Host — We may still have a newsletter if I receive any entries</b>
April:	SLO Fri. 10:00 AM
May:	Arroyo Grande Wednesday 6:15 PM
June:	<b>No Host — We may still have a newsletter if I receive any entries</b>
July:	Arroyo Grande Monday 10:30 AM
August:	Lompoc Wednesday 5:30 PM
September:	MB Tue 7:00 PM
October:	SLO Tue 12:00 Noon
November:	Oceano Thur 10:30 AM
December:	SM Saturday 9:30 AM